

Aspetar World Conference 2025 Ends on a High Note

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- Scientific Insights to Drive the Future of Sports Medicine with Global Collaboration
- Second Edition in 2027 Marks Two Decades of Aspetar Innovation and Excellence

Doha, Qatar: 11th October 2025 – Aspetar today concluded its 2025 World Conference on Sports Medicine with a successful closing ceremony at the Aspire Dome. The event attracted over 1,000 participants globally and featured discussions on the latest innovations and trends shaping the future of sports medicine.

Khalid Ali Al Mawlawi, Acting Director General of Aspetar, announced the dates for the hospital's upcoming major scientific gatherings, including the Sports Rehabilitation Conference in 2026 and the second edition of the Aspetar World Conference on Sports Medicine in 2027, which will coincide with Aspetar's 20th anniversary celebration. Al Mawlawi encouraged professionals worldwide to prepare and participate in these future events, reaffirming Aspetar's commitment to advancing sports medicine globally.

Conference Chairman Dr. Abdulaziz Jaham Al Kuwari, in his closing remarks, emphasized the importance of fostering international collaboration and continuous innovation in sports medicine to enhance athlete health and performance. He highlighted the conference as a unique platform for exchanging scientific expertise and advancing innovative medical and technological solutions for injury prevention and athlete safety.

The organizing committee expressed its gratitude to all participants and attendees, reaffirming Aspetar's ongoing leadership and dedication to advancing sports medicine worldwide.

The scientific program of the last day of the conference featured

distinguished speakers and session leaders. Dr. Celeste Geertsema addressed medical challenges in extreme environments and best practices for athlete safety. Professor Dave Collins from the United Kingdom explored psychological aspects of athlete rehabilitation, emphasizing innovative mental strategies for successful returns to competition. Dr. Alan Getgood, Chief of Surgery at Aspetar, provided a comprehensive review of anterior cruciate ligament surgical advancements. Dr. Rodney Whiteley focused on training load balance and optimal workload management. Professor Stuart Phillips from Canada delivered evidence-based strategies for athlete recovery and safe return to play.

Sessions led by Dr. Mohammed Al Saey, Director of Sports Dentistry at Aspetar, examined oral health and its impact on athletic performance. Dr. Enda King, Head of Elite Athlete Performance Development, explored tendon and muscle injury management, rehabilitation for hamstring injuries, and return-to-running protocols. Dr. Juan Manuel Alonso, Aspetar sports medicine physician, chaired sessions on team travel management and infection prevention.

The conference also highlighted contributions from Sheikha Abdullah, Aspetar Nutrition Specialist, who co-led sessions with Professor Stuart Phillips on advanced sports nutrition trends. Dr. Cristiano Eirale, Chief of Sports Medicine, and Dr. Milos Bojovic presented the latest in regenerative therapies including stem cell and biological treatments. Other notable experts included Mahmoud Ali Mohamed (sports nursing), Dr. Olaf Schumacher (injury risk management). The conference dedicated special programs to youth athletes and highlighted national Qatari initiatives supporting female athlete development and participation.

In addition to the sessions, the closing ceremony featured distribution of awards for outstanding scientific presentations and recognition of major sponsors and partners, notably Hamad Medical Corporation, New Balance, Qatar Datamation, and Al Ameen Medical.

Aspetar concluded the event by reaffirming its unwavering commitment to innovation, excellence, and international collaboration across sports medicine disciplines, solidifying its position as a global center of excellence in sports medicine and scientific research.

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