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## NDMA issues flash flood warning for K-P, GB amid heavy rains forecast

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The National Disaster Management Authority's (NDMA) National Emergency Operations Center (NEOC) has forecasted more rain, wind, and thunderstorms with isolated heavy downpours in the districts of Khyber Pakhtunkhwa (K-P) and Gilgit-Baltistan starting today. In a statement, the NDMA warned that these torrential rains could trigger flash flooding in areas including Murree, Galliyat, Mansehra, Kohistan, Chitral, Dir, Swat, Shangla, Nowshera, and Swabi. The authority has urged all relevant agencies and the public to take necessary precautions to mitigate the risks of flooding and landslides. The NDMA has directed all concerned departments to place Emergency Response Teams on high alert and mobilise resources for a swift response to any emergencies. Tourists have been advised to avoid travelling to these areas during the forecasted period. The public has been advised to remain vigilant, follow instructions from local authorities, and stay

informed by downloading the 'Pak NDMA Disaster Alert' mobile app for timely updates.

Meanwhile, the Indus River System Authority (IRSA) reported that the Tarbela Dam reached its maximum water conservation level of 1550 feet on Monday. According to IRSA, 380,400 cusecs of water were released from various rim stations, with an inflow of 417,000 cusecs. The water level at the Tarbela Dam recorded an inflow and outflow of 256,400 cusecs and 235,600 cusecs, respectively. The water level in River Jhelum at Mangla Dam stood at 1213.80 feet, 165.80 feet above its dead level of 1,050 feet, with inflow and outflow of 25,800 cusecs and 10,000 cusecs, respectively. Water releases at Kalabagh, Taunsa, Guddu, and Sukkur were recorded at 289,800, 380,200, 381,000, and 371,000 cusecs, respectively. Additionally, 66,400 cusecs of water were released from River Kabul at Nowshera, and 45,400 cusecs from River Chenab at Marala.