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## Championing Human Rights through Sports: Maryam Al-Attiyah Leads Qatar's National Sports Day Celebration at Expo Qatar 2023

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A Distinguished Advocate for Human Rights: Maryam Al-Attiyah” “The Sports Day Arrives amidst  
Enthusiasm Following Qatar’s Victory in the Asian Cup” “The State of Qatar Prioritizes Sports as a  
Fundamental Aspect of Daily Life for Its Citizens and Residents” “Fostering Robust Connections to  
Champion and Uphold Sports as a Human Right” “Offering Comprehensive Support for All  
Individuals in Parks and Public Spaces to Foster Daily Physical Activity” “Highlighting the  
Inextricable Link between Sports and Human Rights Principles

Doha: Media Committee

The National Human Rights Committee joined the National Sports Day activities at the

International Horticultural Exhibition “Expo Qatar 2023” under the theme “The Choice is Yours.”

Her Excellency Mrs. Maryam bint Abdullah Al-Attiyah, Chairman of the National Human Rights Committee, highlighted the significance of Qatar's sporting achievements and the vibrant atmosphere surrounding Qatar's victory in the Asian Cup. She emphasized the National Sports Day's role in promoting a healthy lifestyle, aligning with the state's efforts to integrate sports into daily life.

Her Excellency noted Qatar's pioneering decision to dedicate an annual Sports Day, underscoring its commitment to building a healthy society and fostering human development. This initiative, initiated by His Highness Sheikh Tamim bin Hamad Al Thani, the Emir of Qatar, has become a hallmark event in the country, promoting unity and participation across society.

The Chairman emphasized the importance of sports in promoting human rights and fostering inclusivity, irrespective of gender, nationality, or physical condition. She highlighted the role of sports in conveying positive values and building stronger bridges within communities.

Accompanying the sporting events were art exhibitions linking football and human rights, aimed at raising awareness of key values such as equality and non-discrimination. These exhibitions, displayed in various locations across Doha, serve as a reminder of the power of sports to unite people globally.

The celebration, attended by committee officials, employees, and their families, fostered a spirit

of camaraderie and emphasized the importance of sports in daily life. The program included a range of activities promoting physical fitness and teamwork.

Qatar's State Sports Day, established in 2012, reflects the nation's commitment to promoting sports as an integral part of individual and societal well-being. It serves as a platform to raise awareness of the importance of sports and encourages participation across all segments of society.

In conclusion, Qatar's dedication to sports exemplifies its commitment to building a healthy, inclusive society. The National Sports Day celebrations, accompanied by art exhibitions and community participation, highlight the transformative power of sports in promoting unity, equality, and well-being.