
Poland to introduce mandatory military training for adult males



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Warsaw, May 14, 2025 — In a move aimed at bolstering national security, the Polish government has announced plans to implement mandatory military training for all adult males. The new policy is part of a broader defense strategy to strengthen Poland's military readiness in the face of rising geopolitical tensions in Europe.

Under the new legislation, Polish men aged 18 to 35 will be required to complete a state-run

military training program. The program will focus on basic combat skills, emergency response tactics, and national defense strategies. The government emphasizes that the training will not require full military service but will serve as a critical preparatory step for potential national crises.

The decision comes amidst growing concerns over regional security, particularly following heightened tensions between NATO members and Russia. Polish officials have pointed to the security challenges posed by neighboring countries and the need for a well-prepared citizenry in times of emergency.

Defense Minister Mariusz Błaszczak explained that the policy aims to create a more resilient society, capable of defending its borders and contributing to international peacekeeping efforts. He also highlighted the importance of national unity and collective defense in ensuring Poland's safety.

The proposal has sparked mixed reactions, with some praising the move as essential for national security, while others express concerns about its impact on individual freedoms and the potential strain on young men's lives. Despite the debate, the government remains committed to passing the legislation, which is expected to take effect next year.