
Samsung launches the All-New Galaxy Fit3 in Qatar

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Doha, Qatar — Feb. 29, 2024— Samsung Gulf Electronics has announced the local availability of the Galaxy Fit3 [\[1\]](#), its newest fitness tracker that democratizes Samsung’s advanced health monitoring technology, inspiring everyone to feel their best and adopt a healthier lifestyle. The Galaxy Fit3 is Samsung’s latest wearable device and boasts an aluminum body with a wider display, allowing users to keep track of their health and wellness data — from daily workouts to peaceful sleep — straight from their wrists, around the clock.

“In the Gulf region’s wellness landscape, there’s a growing demand for comprehensive health insights. Catering to this trend, Samsung has been committed to providing users with advanced

health monitoring tools, exemplified by its latest fitness tracker, the Galaxy Fit3. It reflects our dedication to providing accessible resources for everyday wellness, inspiring everyone to reach their best selves.” said **Fadi Abu Shamat, Head of the Mobile eXperience Division, Samsung Gulf Electronics.**

A Durable and Compact Tracker with a Larger, More Stylish Display

The Galaxy Fit3 is designed with an aluminum body and a 1.6-inch display, 45% wider than the previous model [\[2\]](#), making it easier for users to check detailed insights at a glance. It’s also lightweight and sleek with a comfortable fit, making it ideal for everyday use around the clock. Users can incorporate the Galaxy Fit3 into their lifestyles with ease thanks to its long battery life that can last up to 13 days [\[3\]](#). They can personalize their tracker and make it more stylish by selecting their favorite watch face from over 100 presets [\[4\]](#) or setting their own photos as the background. Users can also effortlessly mix and match bands [\[5\]](#) to complement their fashion and daily routines with a one-click button.

Keep a Pulse on Your Health Metrics[\[6\]](#) Day and Night

Samsung has always prioritized sleep for better wellness, empowering users to understand their patterns and build healthier habits with advanced sleep monitoring tools[\[7\]](#). This commitment is reflected in the Galaxy Fit3. Users can comfortably wear their Galaxy Fit3 throughout the night while it tracks their sleep patterns, even detecting snoring[\[8\]](#) and monitoring blood oxygen levels[\[9\]](#) to provide more detailed measurements. Based on individual sleep patterns, the Galaxy Fit3 provides users with personalized Sleep Coaching[\[10\]](#) with meaningful insights that help them more intuitively understand their sleep, leading them to make positive changes.

During the day, the Galaxy Fit3 allows users to keep an eye on their daily activities. Users can track over 100 types of workouts anytime, anywhere and review their exercise records easily, encouraging them to stay motivated to achieve their goals.[\[11\]](#) The Galaxy Fit3 features a 5ATM rating and IP68-rated water and dust resistance[\[12\]](#), meaning users can enjoy outdoor activities in a variety of environments, as well. The Galaxy Fit3 gives users an even deeper understanding of their overall health, by delivering health metrics that include heart rate[\[13\]](#) and stress levels.

Stay Safe[\[14\]](#) and Connected in the Galaxy Ecosystem

To provide users with a safety net, safety features including Fall Detection and Emergency SOS have been newly added to the Galaxy Fit3. When an abnormal fall is detected, the Galaxy Fit3 gives users the option to call emergency services right away to get medical support in a timely manner. When users are in an emergency, they can send an SOS immediately by pressing the side button five times.

Galaxy Fit3 users can also access an array of capabilities within the connected Samsung Galaxy ecosystem, for an enhanced wearable experience. Users can utilize the Galaxy Fit3 as a controller right on their wrist, not only as a remote control for their smartphone camera when taking photos and setting timers with Camera Remote[\[15\]](#), but also to play and control media on their connected device. For a seamless experience, when users don't want to be disturbed or get ready for bed, they can automatically sync modes[\[16\]](#) between their Galaxy Fit3 and paired smartphone. If a smartphone is misplaced, users can easily locate it with the Find My Phone feature on the Galaxy Fit3, or vice versa.[\[17\]](#)

Availability[\[18\]](#)

The Galaxy Fit3 is now available across [samsung.com](#), Samsung stores and select retailers in three color options including gray, silver, and pink gold.

Galaxy Fit3	
Material &	Aluminum case with Sport Band,
Color	Gray, Silver, Pink Gold
Dimensions	
& Weight	42.9 X 28.8 x 9.9mm, 18.5g [19]
Display	1.6-inch (40.0mm), 256×402 AMOLED
Memory	
& Storage	16MB + 256MB
Battery (typical)	Up to 13 days, 208mAh

Charging	POGO-based charging (Pin + Magnetic)
OS	RTOS
Sensors	Accelerometer, Gyro, Optical Heart Rate Sensor, Barometer, Light Sensor
Connectivity	Bluetooth
Durability	5ATM + IP68
Compatibility	Android 10.0 or higher and with more than 1.5GB of memory

[\[1\]](#) Availability may vary depending on market, model and the paired smartphone. All functionality, features, specifications and other product information provided in this document including, but not limited to, the benefits, design, pricing, components, performance, availability, and capabilities of the product are subject to change without notice. Galaxy Fit3 must be paired with a smartphone with Android 10.0 or above and minimum 1.5GB Memory. To start using Galaxy Fit3, a Samsung account must be registered on a paired smartphone.

[\[2\]](#) Compared to Galaxy Fit2. Screen size is measured diagonally as a full rectangle without accounting for the rounded corners.

[\[3\]](#) Battery life is based on results from internal lab tests conducted by Samsung for typical usage pattern scenarios, with Galaxy Fit3 connected to Galaxy smartphone via Bluetooth, including 52

notifications, 4 minutes of text checks, 9 minutes of time checks and 30 minutes of workouts over the course of 24 hours. It is a simulated value of the total battery consumption measured by analyzing normal usage patterns and the current required for each function with the duration of time of each function. Tested with results from a pre-release version of the device. Actual battery life may vary depending on Bluetooth connection status, configuration, settings, signal strength, presence of noise, usage and condition of the device and many other factors.

[\[4\]](#) Availability of watch faces may vary by market or device model.

[\[5\]](#) Availability of watch bands may vary depending on the market. Watch bands are sold separately, except for inbox band.

[\[6\]](#) Intended for general wellness and fitness purposes only. Not intended for use in detection, diagnosis, treatment, monitoring or management of any medical condition or disease. Any health-related information accessed through the device and/or application should not be treated as medical advice. Users should seek any medical advice from a physician. Certain features may vary by market, carrier, or the paired device.

[\[7\]](#) Sleep features are intended for general wellness and fitness purposes only. The measurements are for your personal reference only. Please consult a medical professional for advice. Requires

Samsung Health application version 6.26 or later. Available sleep features may vary by market, carrier, connected device and Samsung Health application version.

[\[8\]](#) Snoring detection requires use of the microphone on a Bluetooth paired Galaxy smartphone.

To use the feature, the paired smartphone should be in close proximity to the user.

[\[9\]](#) Availability of the blood oxygen level feature may vary by market.

[\[10\]](#) Requires sleep data of at least 7 days, including 2 days off.

[\[11\]](#) Availability of features may vary by market, carrier and connected device.

[\[12\]](#) Galaxy Fit3 is water resistant to up to 50 meters in depth for 10 minutes under the 5ATM rating.

It is not suitable for diving or high-pressure water activities. If the device or your hands are wet, they must be dried thoroughly prior to handling. Galaxy Fit3 provides ingress protection (IP68) against dust and fresh water to a maximum of 1.5 meters for up to 30 minutes. Not advised for beach or pool use. Water and dust resistance of device is not permanent and may diminish over time because of normal wear and tear. Dust resistance rating is tested under lab conditions by a third party: 2kg of talc powder (max. diameter of 0.05mm) per cubic meter was blown into a test chamber housing the device (air pressure within device kept below surrounding air) for 2 hours. Rated IP6X. Dust-resistance may vary by actual usage conditions.

[\[13\]](#) Heart Rate features are intended for general wellness and fitness purposes only. Not intended for use in detection, diagnosis, treatment, monitoring or management of any medical condition or disease. Any health-related information accessed through the device and application should not be treated as medical advice. Users should seek any medical advice from a physician.

[\[14\]](#) Availability of feature may vary by market. Fall Detection and Emergency Call features must be enabled on the Galaxy Wearable app on users' Galaxy smartphone to use feature on the Galaxy Fit3. To notify an emergency contact, a network connection is required. GPS accuracy may be affected by obstructions to the satellite signal, such as buildings. Feature availability may vary by market, software version, and surrounding environment.

[\[15\]](#) Camera Remote is available only on the Galaxy Fit3 when paired with Galaxy smartphones running One UI 6.0 or above and requires Photo mode in the pre-installed Galaxy Camera app on the Galaxy smartphones.

[\[16\]](#) Limited to Sleep Mode and Do Not Disturb mode and availability may vary by paired smartphone.

[\[17\]](#) Devices must be within the Bluetooth connection range to use Find My Phone. The distance may vary depending on the environment and the device. Availability of feature may vary by

market or paired smartphone.

[\[18\]](#) Availability may vary by market or carrier. Available colors and bands may vary depending on market or carrier.

[\[19\]](#) Measured without including the weight of the band. The specified weight refers to the body only.