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## Aspetar World Conference 2025 Kicks Off in Doha, Cementing Qatar's Leadership in Global Sports Medicine

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The highly anticipated Aspetar World Conference 2025 officially commenced today at the Aspire Dome in Doha, representing a landmark event in the field of global sports medicine. Bringing together over 1,000 specialists from 74 countries, including government ministers, renowned experts, and leading researchers, the conference underscores Qatar's rising stature as a global hub for sports medicine and healthcare innovation. The event was further distinguished by the attendance of prominent medical leaders from Qatar, led by His Excellency Mr. Mansour bin Ibrahim bin Saad Al Mahmoud, Minister of Public Health, along with key dignitaries and senior

officials from Aspetar.

## Official Opening and Welcome

The conference was officially inaugurated by Mr. Khaled Ali Al Mawlawi, Acting Director General of Aspetar Hospital, who reaffirmed Aspetar's status as a world-class center of excellence in sports medicine. Al Mawlawi highlighted Aspetar's unique role in attracting top international expertise and advancing Qatar's position in sports medicine and medical tourism.

“Our conference exemplifies Aspetar's global leadership and our ongoing commitment to excellence, innovation, and collaborative progress in athlete health and performance,” said Al Mawlawi. “Over the next three days, more than a thousand participants from over seventy-four countries will come together to exchange cutting-edge scientific knowledge, medical breakthroughs, and innovative practices that are expanding the horizons of this vital field. Aspetar is more than a hospital; it has evolved into a knowledge hub and a platform for global cooperation, working with international partners to pioneer new pathways for athlete care and raise the standards of sports medicine worldwide.”

Dr. Abdulaziz Jaham Al-Kuwari, Chief Executive Officer of Aspetar and Conference Chairperson, expressed pride in the organizational efforts that delivered a distinguished scientific program, praising Aspetar's leadership in driving sports medicine research and innovation on a global

scale.

## IOC and FIFA in the Highlights of Day One

The first day featured a series of groundbreaking scientific lectures covering crucial topics. Among the most prominent was a keynote by Professor Jane Thornton from the International Olympic Committee (IOC), focusing on health priorities for Olympians and the IOC's strategic efforts to protect and enhance athlete health. Professor Thornton called on the global sports community to actively engage in these initiatives aimed at building a healthier world through sport.

Additionally, Dr. Andrew Massey, FIFA's Medical Director, alongside Dr. Guido Pielles from Aspetar, presented on FIFA's medical approach to injury prevention. Their session outlined strategies for tournament preparation and cardiac screening for youth football players, emphasizing the importance of implementing these medical protocols to safeguard players' long-term health.

Other sessions highlighted the latest innovations in foot and ankle surgery for elite athletes, integration of biomechanics and neuroscience in football medicine, and cutting-edge advances in cartilage surgery. Aspetar's experts presented in-depth analyses of the benefits and risks of these surgical techniques, their impact on athletic performance, and recovery enhancement.

Furthermore, participants explored the pioneering integration of biomechanical and

neurological sciences to improve injury prevention and athletic outcomes in football.

### Extensive Media Coverage

Day one attracted broad media interest, with over 120 local and international media outlets covering the event. This robust media presence underscores the conference's stature as a premier global platform driving the advancement of sports medicine.

### Ongoing Conference Activities

The conference will continue over the next two days with specialized sessions and workshops offering practical opportunities for researchers and practitioners alike. The program aims to foster innovation and elevate athlete health and performance across various sports, reinforcing Aspetar and Doha's status as global hubs for sports medicine excellence and innovation.

### Accompanying Exhibition

An international exhibition is being held alongside the conference, featuring key partners and sponsors from leading companies and organizations in sports medicine. The exhibition witnessed significant engagement on the first day, as attendees took advantage of the opportunity to explore the latest technologies, innovations, and solutions in sports healthcare. The interaction between participants and sponsors provided an excellent platform for knowledge exchange and professional networking within this dynamic and vital field.