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## QGIRCO Marks World Diabetes Day with Employee Health Initiative in Partnership with Diabetes Qatar



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**Doha, Qatar – November 24, 2025** – QGIRCO commemorated World Diabetes Day with a

comprehensive health awareness initiative at its headquarters, reinforcing its commitment to

employee well-being and community health.

In a thoughtful celebration held on Sunday, November 23, QGIRCO employees were welcomed to the office with specially customised mugs featuring the message ‘Stay Sweet Without Sugar’, designed to motivate employees to go sugar-free every time they are used. The mugs will further serve as a daily reminder of the importance of diabetes prevention and healthy lifestyle choices, encouraging small but meaningful changes in everyday habits.

The CSR initiative, conducted in partnership with Diabetes Qatar (DQ), provided employees with valuable resources to understand better and manage their health. A one-day health camp was organised by (DQ), offering complimentary medical check-ups, including blood sugar testing and screening, empowering employees to manage and prevent diabetes proactively.

Mr. Aimen Azara, Group CEO of QGIRCO, shared, “At QGIRCO, we believe that our greatest asset is our people, and their health and well-being are paramount to our success. World Diabetes Day is an opportunity to raise awareness about the disease and equip our employees with knowledge and tools to lead healthier lives. Our partnership with Diabetes Qatar reflects a meaningful investment in the long-term health objectives of our team.”

**Dr. Abdullah Al-Hamaq, Executive Director of Diabetes Qatar, said:**

“Diabetes Qatar continues its efforts to raise awareness about diabetes, in alignment with the International Diabetes Federation’s message, which this year focuses on supporting employees

living with diabetes in the workplace. We emphasize the vital role that organizations play in providing healthy and supportive environments that enable staff to manage their health better.”

World Diabetes Day, observed annually on November 14th, is dedicated to raising awareness of diabetes, a condition that affects millions worldwide. QGIRCO’s initiative aligns with global efforts to promote early detection, prevention, and management of diabetes while supporting Qatar’s national health priorities.

The company’s partnership with the Qatar Diabetes Association underscores QGIRCO’s ongoing commitment to corporate social responsibility and community health initiatives that create lasting positive impact.

#### **About Qatar General Insurance & Reinsurance Company (QGIRCO):**

Established in 1979 and listed on the Qatar Stock Exchange since 1997, QGIRCO is one of the most established and trusted insurers in Qatar, offering comprehensive insurance and reinsurance solutions to individuals, institutions, and corporate clients. Our diverse portfolio encompasses motor, property, marine, health, and general insurance, alongside specialized services in Takaful, Real Estate, and Investment Management.

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