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## Sanitha Santhosh lauds Vijayamanthrangal as transformative for life and culture



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Doha – Renowned self-motivator, anchor, vlogger, and social media influencer Sanitha Santhosh

has praised Vijayamanthrangal, the globally acclaimed motivational series authored by Dr.

Amanulla Vadakkangara, calling it a powerful initiative capable of transforming lives and culture

worldwide.

Sanitha, admired for her inspiring talks and positive outlook, visited the Mediaplus office along with Rafi Parakkattil, presenter of the Vijayamanthrangal podcast, to receive a copy of the book directly from the author. She expressed deep appreciation for the series, describing it as “an amazing and timely contribution to society.”

Reflecting on the series’ message, Sanitha said life’s trials are meant not to weaken but to strengthen us. “Challenges are God’s way of correcting us, refining our character, and preparing us for greater responsibilities,” she noted. She added that Vijayamanthrangal effectively turns setbacks into stepping stones for success.

Emphasizing the importance of motivational content in today’s world of stress, confusion, and value erosion, Sanitha said the series stands out for combining practical wisdom, cultural rootedness, and spiritual insight, offering a holistic path to personal growth.

Rafi Parakkattil highlighted the overwhelming response from listeners across multiple countries. The podcast, broadcast daily on Radio Malayalam 98.6 FM and widely shared via WhatsApp and other digital platforms, continues to inspire people from all walks of life.

Dr. Amanulla Vadakkangara expressed gratitude for Sanitha’s support and reiterated that Vijayamanthrangal’s mission is to instill confidence, discipline, moral values, and a positive

mindset, especially among younger generations. “Success is not an accident; it is a result of clarity, character, and commitment,” he said.

Sanitha concluded by encouraging her followers and the wider community to engage with Vijayamanthrangal, noting that consistent exposure to such uplifting content can bring meaningful transformation in personal life, family relationships, and society at large. The visit symbolized a shared commitment to spreading positivity, resilience, and value-based living in today’s fast-changing world.