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## Arshad Nadeem wins gold medal and made world record in Paris Olympics 2024

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(by Ahsan Ansari)

Pakistan's famous athlete Arshad Nadeem won a gold medal and made history for Pakistan by throwing a javelin throw of 92.97 meters at a speed of 110 km at Paris World Olympics 2024 with great ability and passion. Apart from this, he also set a world record. This success is not only an important milestone in Arshad Nadeem's career, but it has given a new impetus to Pakistan's abilities in athletics at the global level.

Arshad Nadeem hails from Mian Chanu, a small town in Punjab, Pakistan. From an early age he was keenly interested in sports, especially track and field events. Despite limited resources,

Arshad's passion for the javelin throw remained palpable, and he devoted himself to perfecting his skills. His hard work paid off and he emerged as a powerful player in national competitions.

Arshad Nadeem's journey to the top was not without its challenges. They faced financial difficulties and non-availability of modern training facilities. However, his talent and determination caught the attention of coaches, who saw his potential. With their support, Arshad started participating in international competitions, which gave him valuable experience and motivation.

His breakthrough came at the 2018 Asian Games, where he won a bronze medal. This success took him to the heights of fame and earned him recognition as an athlete in Pakistan. Over the next few years, Arshad steadily improved his performance, breaking his own records and setting new records in the javelin throw. Arshad Nadeem's unbeaten victory has undoubtedly made the entire Pakistani nation proud, which will be remembered for a long time in the Olympics. This glorious victory of his is no less than a great gift for Pakistan after 32 years. Especially when the nation of Pakistan is celebrating Independence Day in the month of August. President Asif Ali Zardari, Prime Minister Mian Shahbaz Sharif, chiefs of armed forces, governors of all provinces and other top political and social figures of the country have sent congratulatory messages to Arshad Nadeem on this wonderful victory. Apart from this, other countries have also sent special

messages of congratulations to Pakistan and Arshad Nadeem on Arshad Nadeem's excellent victory.

The Paris World Olympics 2024 was the culmination of years of hard work and dedication for Arshad Nadeem. In the months leading up to the event, he focused intensely on his training strategy and worked tirelessly to improve his technique. His efforts paid off when he qualified for the Olympics with a brilliant performance in the qualifying rounds. On the day of the final event, Arshad Nadeem stepped into the arena with strong confidence and conviction. The competition was fierce, with top athletes from around the world vying for the coveted gold medal. However, Arshad Nadeem took advantage of his years of experience and rigorous training to stay focused. In an amazing display of prowess, Arshad Nadeem bowled the final throw which floated through the air and reached a stunning distance. The stadium crowd burst into applause when the measurement was confirmed, Arshad not only won the gold medal but also set a new Olympic record of 92.97 meters in the javelin throw.